



# *Nannypreneurship 101 Week 1*

What do you really want?  
Getting to the heart of the matter.

*"Everything can happen if you let it!"  
Mary Poppins*

Let's get right down to business. What do you really want? Why don't you have it and why aren't you pursuing it? What patterns or cycles are you repeating in your life that need to change? Oh yea, it's that type of party! You cannot have a thriving business until we get to the root of what you really want.

In module 1, we will find out where you are now, where you want to go and shifting our minds and words in the right direction. This will help you set a clear vision on what you really want to do in business without wasting your time. Be sure to check off each section as it's completed.

- Getting to the root of you
- Your natural gifts and talents
- Desires in life & business
- Think, speak positive and believe
- Homework

1. What do you see yourself doing for the rest of your life? Job, relationships, love life, health etc. Be Specific

2. How do you feel about where you are in life right now?

3. What would you change about each area of your life that you listed above?

4. What has stopped you from making those changes? Why?

5. What fear do you have with making those changes?

6. List your insecurities.

7. What are your biggest distractions and why? TV, Social media, Putting others needs first etc. Be Specific

# Your natural gifts and talents.

1. What makes you excited? Hobbies, People, Travel etc. Be specific

2. What, skills, talents and gifts come easy to you?

3. What could you teach people to do that comes easy to you?

4. Name 3 people you admire and why.

5. What qualities do they have that they think you need?

# Desires in life and business

1. What do you really want in life? Business, relationships, house, car, money. Don't be afraid to think big.

2. What type of business do you want to have? What services will you offer? Be specific

3. Who will your business serve and where? Local, Nationwide, Worldwide, Online etc.

4. How much money do you want to make? Hourly, weekly, monthly, yearly etc. Think big!!

5. Will you have staff? Please list.

6. What's your ideal work schedule? Include time off, vacation, days, hours etc.

7. What's your desired living arrangement? What does it look like? House, high end apartment, condo, farm etc.

8. What's your dream car?

List the top 10 things you value about life and why. Family, time, possessions etc.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

List 10 positive "I Am" Statements. i.e. I am beautiful. I am gifted etc.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

List 10 positive “My business is” statements. i.e. My business is thriving, successful, contracts 5 new clients/mo etc.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

List 10 “I will no longer statements” Statements. i.e. I will no longer be stuck, be broke, be unhealthy etc.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

- \* Print off the lists in the “Think well, speak positive and believe” section and post them on the wall, refrigerator, in the bathroom or in a journal. Read them out loud daily or record a video or voice memo of yourself reciting the affirmations.
  
- \* Create a peace place in your home where you can sit in silence or write out your business plans for the week. This place should be free from clutter or any electronic distractions. This may also be a great week to purge your house and get rid of anything that you don’t need.
  
- \* If you don’t have a planner, purchase or create one this week.